



## WAHSA RGN 5

Reference Guidance Note 05 (formerly TGN07)

# REFERENCE INFORMATION FOR WORK AT HEIGHT - INDUSTRY GUIDANCE

A series of informative notes for all industries  
involved with work at height or rescue.

# WAHSA RGN 5

## Reference Guidance Note 5

### REFERENCE INFORMATION FOR WORK AT HEIGHT – INDUSTRY GUIDANCE

---

## INTRODUCTION

This information sheet is a reference guide to sources of information relating to work at height and rescue in a wide range of industries.

This document is not intended to be exhaustive and readers should be aware that as time passes, there may be material published which does not appear in this guidance note and any internet links given may become obsolete.

---

The information contained in this material has been compiled by the Working at Height Safety Association from information that is already in the public domain. The material is intended to provide guidance but does not interpret and apply the law to particular circumstances and cannot be relied upon as advice.

To the fullest extent permitted by law, neither the Working at Height Safety Association nor its employees, officers or members will be liable by reason of breach of contract, negligence or otherwise from any loss or damage (whether direct, indirect or consequential) occasioned to any person acting or omitting to act or refraining from acting upon this material. Such loss and damage as referred to above shall be deemed to include, but is not limited to, any loss of profits, anticipated profits, damage to reputation or goodwill, loss of business or anticipated business, damages, costs, expenses incurred or payable to any third party (whether direct, indirect or consequential), or any other direct, indirect or consequential loss or damage.

All advice or information contained in publications by Work at Height Safety Association (WAHSA) is intended for users who will evaluate the significance of the advice or information, including its limitations, and take responsibility for its use and application.

---

## CONTENTS

1. Forestry	Page 27
2. Arboriculture	Page 27
3. Theatre	Page 27
4. Roofwork	Page 28
5. Edge Protection	Page 29
6. Safety Netting	Page 29
7. Rope Access	Page 31
8. Powered Access and Mobile Plant	Page 32
9. Ladders	Page 34
10. Prefabricated Access	Page 34
11. Window Cleaner	Page 35
12. Metal Decking and Stud Welding	Page 35
13. Steel Construction	Page 35
14. Plant	Page 35
15. Rescue	Page 36
16. Steeplejacking	Page 37
17. Masts and Towers	Page 37
18. Personal Arrest Equipment	Page 38
19. Scaffolding	Page 38
20. Energy and Utilities	Page 38

## 1 FORESTRY

Arboriculture and Forestry Advisory Group  
*AFAG 401. Tree-climbing operations.*  
<http://www.hse.gov.uk/pubns/afag401.htm>

Arboriculture and Forestry Advisory Group  
*AFAG 402. Aerial tree rescue*  
<http://www.hse.gov.uk/pubns/afag402.htm>

Arboriculture and Forestry Advisory Group  
*AFAG 403. Mobile elevating work platforms (MEWPs) for tree work*  
<http://www.hse.gov.uk/pubns/afag403.htm>

International Powered Access Federation  
*Safety Tips for the Use of Mobile Elevating Work Platforms (MEWPs) in the Tree Care Industry*  
[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/TreeWorkerGuidance.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/TreeWorkerGuidance.pdf)

## 2 ARBORICULTURE

The Arboricultural Association.  
*A Guide to the use of MEWPs in Arboriculture*  
<http://www.trees.org.uk/Book-Shop/Products/A-Guide-to-the-use-of-MEWPs-in-Arboriculture>

The Arboricultural Association.  
*Industry Code of Practice: Tree Work at Height*  
<http://www.trees.org.uk/Book-Shop/Products/Industry-Code-of-Practice-Tree-Work-at-Height>

The Arboricultural Association  
*A Guide to Good Climbing Practice*  
[www.trees.org.uk/Book-Shop/Products/A-Guide-to-Good-Climbing-Practice](http://www.trees.org.uk/Book-Shop/Products/A-Guide-to-Good-Climbing-Practice)

The Arboricultural Association  
*Health and Safety Package*  
[www.trees.org.uk/Book-Shop/Products/Health-and-Safety-Package](http://www.trees.org.uk/Book-Shop/Products/Health-and-Safety-Package)

The Arboricultural Association  
*Industry Code of Practice for Arboriculture. Tree Work at Height.*  
[www.trees.org.uk/Book-Shop/Products/Industry-Code-of-Practice-Tree-Work-at-Height](http://www.trees.org.uk/Book-Shop/Products/Industry-Code-of-Practice-Tree-Work-at-Height)

## 3 THEATRE

The Association of British Theatre Technicians.  
*COP007 Code of Practice. Design Guide: Guard Rails*  
<http://www.abtt.org.uk/shop/codes-of-practice/cop007-design-guide-guard-rails-2009-edition/>

The Association of British Theatre Technicians.

*COP011 Code of Practice. The selection and use of temporary access equipment for working at height in theatres*

<http://www.abtt.org.uk/resource/guidance-notes-and-publications/>

The Association of British Theatre Technicians.

*COP012 Code of Practice. For the use of Tallscopes for working at height in theatres.*

<http://www.abtt.org.uk/shop/codes-of-practice/cop012-for-the-use-of-tallescopes-for-working-at-height-in-theatres-2014-edition/>

The Association of British Theatre Technicians.

*Tallescope Logbook.*

<http://www.abtt.org.uk/shop/codes-of-practice/tallescope-logbook-2011-edition/>

## 4 ROOFWORK

Advisory Committee for Roofsafety.

*The Red Book – ACR[M]001:2014 [fifth edition]. Test for non fragility of Profile Sheeted Roofing Assemblies.*

[http://www.roofworkadvice.info/html/the\\_red\\_book\\_-test\\_for\\_non\\_fra.html](http://www.roofworkadvice.info/html/the_red_book_-test_for_non_fra.html)

Advisory Committee for Roofsafety.

*The Orange Book – ACR[CP]001:2014 Rev4. Recommended Practice for work on Profiled Sheeted Roofs.*

[http://www.roofworkadvice.info/html/the\\_orange\\_book\\_-safe\\_work\\_gui.html](http://www.roofworkadvice.info/html/the_orange_book_-safe_work_gui.html)

Advisory Committee for Roofsafety.

*The Green Book – ACR[CP]002:2012. Safe Working on Fragile Roofs or roofs with fragile elements.*

[http://www.roofworkadvice.info/html/the\\_green\\_book\\_-fragile\\_roof\\_g.html](http://www.roofworkadvice.info/html/the_green_book_-fragile_roof_g.html)

Advisory Committee for Roofsafety.

*The Blue Book – ACR[CP]003:2008 Rev1. Recommended Practice for use of safety nets for roofwork.*

[http://www.roofworkadvice.info/html/the\\_blue\\_book\\_-use\\_of\\_nets.html](http://www.roofworkadvice.info/html/the_blue_book_-use_of_nets.html)

Advisory Committee for Roofsafety.

*The Black Book – ACR[CP]005:2012 Rev2 – Guidance note for competence and general fitness requirements to work on roofs*

[http://www.roofworkadvice.info/html/the\\_black\\_book\\_-fitness\\_and\\_c.html](http://www.roofworkadvice.info/html/the_black_book_-fitness_and_c.html)

Advisory Committee for Roofsafety

*The Purple Book – ACR[CP]006:2015 Rev3 – Practical methods of providing edge protection for working on roofs.*

[http://www.roofworkadvice.info/html/the\\_purple\\_book\\_-edge\\_protect.html](http://www.roofworkadvice.info/html/the_purple_book_-edge_protect.html)

Advisory Committee for Roofsafety.

*The Magenta Book – ACR[CP]007:2015 Rev2. (Part 1) Best Practice for the use of Horizontal Safety Lines in Roofwork.*

[http://www.roofworkadvice.info/html/the\\_magenta\\_book\\_-horizontal\\_.html](http://www.roofworkadvice.info/html/the_magenta_book_-horizontal_.html)

Advisory Committee for Roofsafety.

*The Magenta Book – ACR[CP]002:2015 Rev2. (Part 2) Testing of Roof Anchors on Roof Systems.*

[http://www.roofworkadvice.info/html/the\\_magenta\\_book\\_-\\_horizontal\\_.html](http://www.roofworkadvice.info/html/the_magenta_book_-_horizontal_.html)

Advisory Committee for Roofsafety.

*The Magenta Book – ACR Information sheet No 4 Rev3 – BS EN 795 and the 89/686/EEC Directive.*

[http://www.roofworkadvice.info/html/the\\_magenta\\_book\\_-\\_horizontal\\_.html](http://www.roofworkadvice.info/html/the_magenta_book_-_horizontal_.html)

## 5 EDGE PROTECTION

The Edge Protection Federation.

*EPF Code of Practice 2014.*

<http://epf-uk.org/code-of-practice/>

The Edge Protection Federation.

*Containment Systems – Product Specification, Test Methods*

<http://epf-uk.org/wp-content/uploads/2015/11/Containment-sysystems.pdf>

National Access & Scaffolding Confederation.

*NASC SG27:09. Temporary Edge Protection on Open Steelwork.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/temporary-edge-protection-on-open-steelwork---publ>

National Access & Scaffolding Confederation.

*NASC SG29:08. Internal Edge Protection on Scaffold Platforms.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/internal-edge-protection-on-scaffold-platforms---p>

## 6 SAFETY NETTING

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.2 – Safety Net Test Records.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-02.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.3 – The Testing of Safety Nets for UV Degradation.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-03.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.4 – Safety Net Labels & Record Keeping.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-04.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.5 – General Arrangement for Repairing both Knotted & Knotless Safety Nets.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-05.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.6 – Repairs to a Knotless Safety Net.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-06.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.7 – Repairs to a Knotted Safety Net.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-07.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.8 – Tagging of Safety Net Repairs.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-08.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.9 – On-Site Safety Net Temporary Repair.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-09.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.10 – Maximum Permissible Gaps.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-10.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.11 – Gathering & Under-Rolling.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-11.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.12 – Joining Safety Nets Together.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-12.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.13 – Testing Requirements for Safety Net Attachment Devices.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-13.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.14 – Drilled Fixings.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-14.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.15 – Incorrect Safety Net Support Clamps – Single Gravlock.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-15.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.16 – Attaching Safety Nets to Temporary Edge Protection.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-16.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.17 – Number of Workers Above a Safety Net.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-17.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.18 – Loading of Safety Nets.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-18.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.19 – Safety Netting classification for Temporary Works.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-19.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.20 – Ground Conditions.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-20.pdf>

Fall Arrest Safety Equipment Training.

*FASET Bulletin No.21 – Safety Net Hand-Over & In Use Inspections by a Competent Person.*

<http://www.faset.org.uk/wp-content/uploads/2015/10/FASET-TechBulletin-21.pdf>

Fall Arrest Safety Equipment Training.

*FASET Good Practice Guide – The Selection of Access Methods to Install and Dismantle Safety Netting.*

<http://www.faset.org.uk/wp-content/uploads/2016/05/FASET-Good-Practice-Revision-1.pdf>

Fall Arrest Safety Equipment Training.

*FASET Top 10 Do's and Don'ts for Safety Net Use.*

<http://www.faset.org.uk/wp-content/uploads/2016/04/016-FASET-Top-ten-dos-and-donts.pdf>

Fall Arrest Safety Equipment Training.

*FASET Guidance for the use of mobile access towers in net rigging and de-rigging.*

[http://www.faset.org.uk/wp-content/uploads/2016/03/towers\\_guidance.pdf](http://www.faset.org.uk/wp-content/uploads/2016/03/towers_guidance.pdf)

Fall Arrest Safety Equipment Training.

*Advice for Clients & Contractors when specifying, tendering and installing 'Roof Over-Netting' Solutions*

<http://www.faset.org.uk/wp-content/uploads/2016/07/FASET-Roof-Over-Netting-Guidance-Revision-1.pdf>

National Access & Scaffolding Confederation.

*NASC SG14:10. Safety Nets.*

<http://www.nasc.org.uk/wp-content/uploads/2015/11/SG14-10-Safety-Nets.pdf>

The UK Metal Decking Association.

*UKMDA Technical Guidance Bulletin 01 – The Advantage of Safety Nets When Installing Metal Decking.*

<http://www.ukmda.org.uk/wp-content/uploads/2016/03/UKMDA-TGB-01-The-Advantage-of-Safety-Nets-When-Installing-Metal-Decking.pdf>

The UK Metal Decking Association.

*UKMDA Technical Guidance Bulletin 03 – Working Through Levels to Install Safety Netting for Metal Decking.*

<http://www.ukmda.org.uk/wp-content/uploads/2016/06/UKMDA-TGB-03-Working-Through-Levels-to-Install-Safety-netting-for-Metal-Decking-2.pdf>

## 7 ROPE ACCESS

International Rope Access Trade Association.

*IRATA Code of Practice and Annexes.*

[http://www.irata.org/default.php?cmd=210&doc\\_category=506](http://www.irata.org/default.php?cmd=210&doc_category=506)



## 8 POWERED ACCESS AND MOBILE PLANT

International Powered Access Federation.

*IPAF Operator's Safety Guide for Mobile Elevating Work Platforms*

<http://www.ipaf.org/en/publications/operators-safety-guide/>

International Powered Access Federation.

*Technical Guidance Note H1/08/12 – Fall Protection in Mobile Elevating Work Platforms.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/H10812.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/H10812.pdf)

International Powered Access Federation.

*Technical Guidance Note E1/12/05 – Powered Access Exhibition Guidelines.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/E11205.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/E11205.pdf)

International Powered Access Federation.

*Technical Guidance Note F1/08/07 – Familiarisation.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/F10807.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/F10807.pdf)

International Powered Access Federation.

*Exiting the Platform at Height.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/Exit\\_at\\_Height\\_EN.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/Exit_at_Height_EN.pdf)

International Powered Access Federation.

*Safe Use of MEWPs. Guidance on the Assessment of Ground Conditions.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/GroundConditions.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/GroundConditions.pdf)

International Powered Access Federation.

*IPAF Guidance for Instructors and MEWP Operators. Important Dos and Don'ts to Avoid Trapping / Crushing Injuries while Working in a MEWP Platform.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/AvoidingTrapping.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/AvoidingTrapping.pdf)

International Powered Access Federation.

*MEWPs – Guidance on secondary guarding devices available to reduce the risk of entrapment injury.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/Guidance\\_on\\_Secondary\\_Guarding\\_Devices.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/Guidance_on_Secondary_Guarding_Devices.pdf)

International Powered Access Federation.

*Stay Safe at Height.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/us/PowerLinesGuidance.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/us/PowerLinesGuidance.pdf)

International Powered Access Federation.

*Guidance on emergency rescue.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/RescuePlan.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/RescuePlan.pdf)

International Powered Access Federation.

*MEWP Pre-Use Inspection Checklist.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/MEWPInspectionChecklist.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/MEWPInspectionChecklist.pdf)

International Powered Access Federation.

*IPAF Guidance for Second Party Inspection Bodies*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/T10209.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/T10209.pdf)

International Powered Access Federation.

*Guidance for Major Inspections of Mobile Elevating Work Platforms.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/IPAF\\_GUIDANCE\\_FOR\\_MAJOR\\_INSPECTIONS\\_OF\\_MEWPS\\_MAY\\_2014.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/IPAF_GUIDANCE_FOR_MAJOR_INSPECTIONS_OF_MEWPS_MAY_2014.pdf)

International Powered Access Federation.

*IPAF Guidelines for the Safe Use of Mast Climbing Work Platforms – US Edition 2010.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/us/USMCWPSafeUseGuidelines.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/us/USMCWPSafeUseGuidelines.pdf)

International Powered Access Federation.

*MCWP Handover Certificate.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/MCWPHandoverCertificate.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/MCWPHandoverCertificate.pdf)

International Powered Access Federation.

*MCWP Load Chart.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/MCWPLoadChart.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/MCWPLoadChart.pdf)

International Powered Access Federation.

*MCWP Thorough / Frequent Examination.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/MCWPTHoroughExamination.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/MCWPTHoroughExamination.pdf)

International Powered Access Federation.

*Statement of Best Practices of Personal Fall Protection Systems for Aerial Work Platform Equipment.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/us/PFPBPG2011.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/us/PFPBPG2011.pdf)

International Powered Access Federation.

*Raising the Standard Bulletins.*

<http://www.ipaf.org/en/publications/raising-the-standard/>

International Powered Access Federation.

*Statement of Best Practices of Personal Fall Protection Systems for Aerial Work Platform Equipment*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/us/PFPBPG2011.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/us/PFPBPG2011.pdf)

United Kingdom Contractors Group / International Powered Access Federation.

*UKCG Mobile Elevating Work Platforms Good Practice Toolkit.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/UKCG\\_MEWP\\_Good\\_Practice\\_Toolkit\\_January\\_2014.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/UKCG_MEWP_Good_Practice_Toolkit_January_2014.pdf)

Strategic Forum for Construction.

*Best Practice Guidance for MEWPs. Avoiding Trapping / Crushing to People in the Platform.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/en/MEWPBPG2010Part2.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/en/MEWPBPG2010Part2.pdf)

The Safety Assessment Association.

*SAFed HSC 06. Use of working platforms on forklift trucks.*

[http://www.safeduk.co.uk/download/HSC\\_06\\_GN\\_28\\_Non\\_integrated\\_working\\_platforms\\_Issue\\_02\\_Dated\\_October\\_2013.pdf](http://www.safeduk.co.uk/download/HSC_06_GN_28_Non_integrated_working_platforms_Issue_02_Dated_October_2013.pdf)

## 9 LADDERS

The Ladder Association.

*Ladder Book.*

<https://ladderassociation.org.uk/wp-content/uploads/2015/02/LadderBook.pdf>

The Ladder Association.

*Code of Practice.*

<https://ladderassociation.org.uk/product/ladder-association-code-of-practicerevision/>

The Ladder Association.

*Ladder Safety – The Essentials.*

<https://ladderassociation.org.uk/product/ladder-safety-the-essentials-dvd/>

The Ladder Association.

*Risk Assessment Guide - Ladder.*

<https://ladderassociation.org.uk/product/ladder-association-risk-assessment-guide-ladder/>

The Ladder Association.

*Risk Assessment Guide - Stepladder.*

<https://ladderassociation.org.uk/product/ladder-association-risk-assessment-guide-stepladder/>

The Ladder Association.

*Jason Anker – a fall from height DVD.*

<https://ladderassociation.org.uk/product/jason-anker-a-fall-from-height-dvd/>

The Association of Technical Lighting and Access Specialists.

*Safe Use of Ladders in the Specialist Access Industry*

<http://www.atlas.org.uk/documents/LadderGuide10-11-14Final.pdf>

## 10 PREFABRICATED ACCESS

Prefabricated Access Suppliers' and Manufacturers' Association.

*PASMA Code of Practice.*

<http://www.pasma.co.uk/online-shop/products/pasma-code-of-practice-sold-seperately/>

Prefabricated Access Suppliers' and Manufacturers' Association.

*Guide To The Safe Use Of Mobile Access Towers.*

<http://www.pasma.co.uk/online-shop/products/guide-to-the-safe-use-of-mobile-access-towers/>

Prefabricated Access Suppliers' and Manufacturers' Association.

*Accidents Can Happen Even At Low Level – DVD.*

<http://www.pasma.co.uk/online-shop/products/accidents-can-happen-even-at-low-level-dvd/>

## 11 WINDOW CLEANING

The British Window Cleaning Academy.

*Safety in window cleaning using portable ladders.*

<http://www.bwca.co.uk/assets/downloads/bwcamisc613.pdf>

The British Window Cleaning Academy

*Safety in window cleaning using waterfed pole systems*

<http://bwca.co.uk/assets/downloads/bwca-safe-use-of-wfp.pdf>

## 12 METAL DECKING AND STUD WELDING

The UK Metal Decking Association.

*UKMDA Technical Guidance Bulletin 01 – The Advantage of Safety Nets When Installing Metal Decking.*

<http://www.ukmda.org.uk/wp-content/uploads/2016/03/UKMDA-TGB-01-The-Advantage-of-Safety-Nets-When-Installing-Metal-Decking.pdf>

The UK Metal Decking Association.

*UKMDA Technical Guidance Bulletin 02 – Pack Positioning and Access for Decking Operatives.*

<http://www.ukmda.org.uk/wp-content/uploads/2016/03/UKMDA-TGB-02-Pack-Positioning-and-Access-for-Decking-Operatives.pdf>

The UK Metal Decking Association.

*UKMDA Technical Guidance Bulletin 03 – Working Through Levels to Install Safety Netting for Metal Decking.*

<http://www.ukmda.org.uk/wp-content/uploads/2016/06/UKMDA-TGB-03-Working-Through-Levels-to-Install-Safety-netting-for-Metal-Decking-2.pdf>

## 13 STEEL CONSTRUCTION

British Constructional Steelwork Association.

*BCSA Guide to Work at Height during the Loading and Unloading of Steelwork.*

<https://www.steelconstruction.org/shop/bcsa-guide-to-work-at-height-during-the-loading-and-unloading-of-steelwork-pdf/>

## 14 PLANT

Construction Plant-hire Association.

*The Management of Lifting Operations with Lorry Loaders – Revision 1.*

<http://www.cpa.uk.net/crane-interest-group-publications-guidance/>

Construction Plant-hire Association.

CPA 0902 Best Practice Guide – Work at Height Whilst Loading / Unloading Transport.

<http://www.cpa.uk.net/crane-interest-group-publications-guidance/>

Construction Plant-hire Association.

CIG 0701. CPA Best Practice Guide – Working at Height on Mobile Cranes.

<http://www.cpa.uk.net/crane-interest-group-publications-guidance/>

Construction Plant-hire Association.

TCIG Tower Crane Climbing Safety DVD.

<http://www.cpa.uk.net/tower-crane-interest-group-tcig-publications/>

Construction Plant-hire Association.

TCIG 1101. CPA Best Practice Guide – Climbing of Tower Cranes.

<http://www.cpa.uk.net/tower-crane-interest-group-tcig-publications/>

Construction Plant-hire Association.

CHIG0901. CPA Best Practice Guide – Work at Height on Construction Hoists.

<http://www.cpa.uk.net/construction-hoist-interest-group/>

## 15 RESCUE

Fire and Rescue Authorities Operational Guidance.

Generic Risk Assessments 2.1: Rescue from confined spaces.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/181272/GRA\\_2-1.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/181272/GRA_2-1.pdf)

Fire and Rescue Authorities Operational Guidance.

Generic Risk Assessments 2.1.1: Rescue from sewers.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/192052/FINAL\\_GRA\\_Rescue\\_from\\_sewers.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/192052/FINAL_GRA_Rescue_from_sewers.pdf)

Fire and Rescue Authorities Operational Guidance.

Generic Risk Assessments 2.1: Rescue from confined spaces. 2.1.2 silos.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/181285/GRA\\_2-1-2\\_Silos.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/181285/GRA_2-1-2_Silos.pdf)

Fire and Rescue Authorities Operational Guidance.

Generic Risk Assessments 2.1: Rescue from confined spaces. 2.1.3 trenches / pits.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/14904/gra-2-1-3.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/14904/gra-2-1-3.pdf)

Fire and Rescue Authorities Operational Guidance.

Generic Risk Assessments 2.3: Rescues from lifts and escalators.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/15513/GRA\\_2.3.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/15513/GRA_2.3.pdf)

Fire and Rescue Authorities Operational Guidance.

Generic Risk Assessment 2.7: Rescues from Tunnels and Underground Structures.

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/181310/GRA\\_2-7\\_tunnels.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/181310/GRA_2-7_tunnels.pdf)

Mast and Tower Safety Group.

*MATS Guidance Note GN-008. Mast and Tower Rescue – Guidance for Radio and Rigging Teams working on Radio Structures.*

[http://www.matsgroup.info/documents/GN\\_008-Mast\\_and\\_Tower\\_Rescue-Issue\\_1-0.pdf](http://www.matsgroup.info/documents/GN_008-Mast_and_Tower_Rescue-Issue_1-0.pdf)

The Safety Assessment Federation.

*SAFed HSC01. Rescue requirements while working from height.*

<http://www.safeduk.co.uk/hsc-01-rescue-requirements-while-working-at-height-issue-02-dated-31-05-16/>

The Safety Assessment Federation.

*SAFed HSC02. Rescue from confined spaces*

[http://www.safeduk.co.uk/download/HSC\\_02\\_Issue\\_02\\_Dated\\_20\\_03\\_09.pdf](http://www.safeduk.co.uk/download/HSC_02_Issue_02_Dated_20_03_09.pdf)

National Access & Scaffolding Confederation.

*NASC SG19:10 – A Guide to Formulating a Rescue Plan*

<http://www.nasc.org.uk/shop/health-and-safety-guidance/sg19-a-guide-to-formulating-a-rescue-plan/>

## 16 STEEPLEJACKING

The Association of Technical Lighting and Access Specialists.

*ATLAS Guidance Note. Anchors for Steeplejacking.*

<http://www.atlas.org.uk/documents/GNAnchorsforSteeplejackingREV0313.pdf>

The Association of Technical Lighting and Access Specialists.

*Annexe 0 to ATLAS Guidance Note. Anchors for Steeplejacking – Notes and standard data.*

<http://www.atlas.org.uk/documents/Annexe0-NotesandStandardData-ExampleCalcs.pdf>

The Association of Technical Lighting and Access Specialists.

*Annexe 1 to ATLAS Guidance Note. Anchors for Steeplejacking – Laddering.*

<http://www.atlas.org.uk/documents/Annexe1-Laddering-ExampleCalcs.pdf>

The Association of Technical Lighting and Access Specialists.

*Annexe 2 to ATLAS Guidance Note. Anchors for Steeplejacking – Scaffold frame brackets.*

<http://www.atlas.org.uk/documents/Annexe2-ScaffoldFramesandAttachmentBrackets-ExampleCalcs.pdf>

The Association of Technical Lighting and Access Specialists.

*Annexe 3 to ATLAS Guidance Note. Anchors for Steeplejacking – Access davit.*

<http://www.atlas.org.uk/documents/Annex3-AccessDavit-ExampleCalcs.pdf>

The Association of Technical Lighting and Access Specialists.

*Safe Use of Ladders in the Specialist Access Industry*

<http://www.atlas.org.uk/documents/LadderGuide10-11-14Final.pdf>

## 17 MASTS AND TOWERS

Mast and Tower Safety Group.

*MATS Guidance Note GN-001. Work at Height Training.*

[http://www.matsgroup.info/documents/GN\\_001-Work\\_at\\_Height\\_Training-Issue\\_2-1.pdf](http://www.matsgroup.info/documents/GN_001-Work_at_Height_Training-Issue_2-1.pdf)

Mast and Tower Safety Group.

*MATS Guidance Note GN-006. Principles for Access to Radio Sites.*

[http://www.matsgroup.info/documents/GN\\_006-Principles\\_for\\_Access\\_to\\_Radio\\_Sites-Issue\\_1-1.pdf](http://www.matsgroup.info/documents/GN_006-Principles_for_Access_to_Radio_Sites-Issue_1-1.pdf)

Mast and Tower Safety Group.

*MATS Guidance Note GN-010. Work at Height in Darkness.*

[http://matsgroup.info/documents/GN\\_010-Working\\_at\\_Height\\_in\\_Darkness-Issue\\_1-0.pdf](http://matsgroup.info/documents/GN_010-Working_at_Height_in_Darkness-Issue_1-0.pdf)

Mast and Tower Safety Group.

*MATS Guidance Note GN-011. Rooftop Access and Work.*

[http://matsgroup.info/documents/GN\\_011-Roof\\_Top\\_Working\\_-\\_Issue\\_1-0.pdf](http://matsgroup.info/documents/GN_011-Roof_Top_Working_-_Issue_1-0.pdf)

## 18 PERSONAL FALL ARREST EQUIPMENT

National Access & Scaffolding Confederation.

*NASC SG16:14. Management of Fall Protection Equipment.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/management-of-fall-protection-equipment---public>

## 19 SCAFFOLDING

National Access & Scaffolding Confederation.

*NASC TG20: 13. Good Practice Guidance for Tube and Fitting Scaffolding.*

[https://www.nasc.org.uk/tg20\\_13](https://www.nasc.org.uk/tg20_13)

National Access & Scaffolding Confederation.

*NASC SG4:YOU. User Guide to SG4: 10.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/sg4-you-user-guide-to-sg4-05---public>

National Access & Scaffolding Confederation.

*NASC SG4:10. Preventing Falls in Scaffolding.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/sg4-05-preventing-falls-in-scaffolding-and-fal--2->

National Access & Scaffolding Confederation.

*NASC SG25:14. Access and Egress from Scaffolds via Ladders & Stair Towers etc.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/ladder-access-points-on-scaffolds---public>

National Access & Scaffolding Confederation.

*NASC SG28:09. Safe Systems of Work for Scaffolding Associated with Timber Frame Building Construction.*

<https://www.nasc.org.uk/shop/publications-and-guidance/health-and-safety-guidance/public/safe-systems-of-work-for-scaffolding-associate--2->

## 20 ENERGY AND UTILITIES

International Rope Access Trade Association.

*Application of IRATA International rope access methods for work on wind turbines*

[http://www.irata.org/default.php?cmd=210&doc\\_category=390](http://www.irata.org/default.php?cmd=210&doc_category=390)

International Powered Access Federation

*Stay Safe at Height.*

[http://www.ipaf.org/fileadmin/user\\_upload/documents/us/PowerLinesGuidance.pdf](http://www.ipaf.org/fileadmin/user_upload/documents/us/PowerLinesGuidance.pdf)